

# CROSS COUNTRY GRAND PRIX COURSE RECORDS

OPEN		GIRLS/LADIES		CLUB	
AGE	NAME	CLUB	TIME	NAME	TIME
U9	Melissa Glen	NOL	2m51	Thea Howlett	3m00
U11	Eleanor Strevens	U/A	7m46	Thea Howlett	8m13
U13	Femke Rosbergen	CN	10m51	Cheryl Fisher	11m05
U15	Rebecca Daines	WNA	10m27	Kelly Marsters	10m37
U17(4.5k)	Danielle Nimmock	CN	16m19	Kelly Marsters	17m33
U17(5k)	Ruth Senior	CN	17m45	Kelly Marsters	18m00
U17(6.5k)	Charlotte Taylor	NVH	22m41	Annie Rooks	25m17
Senior (5k)	Danielle Nimmock	CN	17m05	Caroline Hipkin	17m38
Senior (6.5k)	Iona Lake	CN	22m52	Marie French	23m53
Senior (9k)	Danielle Nimmock	CN	30m53	Caroline Hipkin	31m42
Vet 35 (5k)	Claire Forbes	CN	17m38	Marie French	18m38
Vet 35 (6.5k)	Claire Forbes	CN	23m55	Caroline Wakefield	25m40
Vet 35 (9k)	Sandra Bower	THT	32m15	Caroline Wakefield	34m18
Vet 40 (5k)	Jo Andrews	BUN	18m11	Nicky Roger	20m24
Vet 40 (6.5k)	Jo Andrews	BUN	25m03	Nicky Roger	28m16
Vet 40 (9k)	Jo Andrews	BUN	33m07	Lesley Robins	38m21
Vet 45 (5k)	Jane Clarke	GAZ	17m40	Nicky Roger	20m04
Vet 45 (6.5k)	Jane Clarke	CN	23m55	Jo Isbill	28m02
Vet 45 (9k)	Jane Clarke	CN	31m55	Jo Isbill	38m22
Vet 50 (5k)	Jane Clarke	CN	18m11	Jo Isbill	22m23
Vet 50 (6.5k)	Jane Clarke	CN	25m18	Linda Marshall	30m26
Vet 50 (9k)	Tracey Curl	CN	35m11	Geraldine Jordan	40m34
Vet 55 (5k)	Sandra Bower	THT	20m50	Maureen Wolfe	22m37
Vet 55 (6.5k)	Sandra Bower	THT	27m21	Maureen Wolfe	30m50
Vet 55 (9k)	Veronica Manly	WYM	38m16	Maureen Wolfe	41m34

BOYS/MEN					
AGE	NAME	CLUB	TIME	NAME	TIME
U9	Alex Westdijk/Jude Linstead	HAV/CN	2m47	Charlie Wakefield	2m48
U11	Isaac Morris	C&C	7m29	Ashley Smith	7m48
U13	A Waterson/OJ Parmenter	CN/C&C	10m02	Charlie Wakefield	10m18
U15	Ashley Waterson	CN	9m22	Paul Ratnage	9m29
U17(4.5k)	James Robinson	WN	14m15	Ben Whitworth	14m44
U17(5k)	Paul Ratnage	RYS	15m17	Paul Ratnage	15m17
U17(6.5k)	James Robinson	WN	20m05	Ashley Hallums	22m17
Senior (5k)	Guy Amos	CN	14m22	Peter Duhig	15m01
Senior (6.5k)	Robert Joy	GAZ	20m09	James O'Neill	21m09
Senior (9k)	Robert Joy	GAZ	26m38	Peter Duhig	28m27
Vet 40 (5k)	Guy Amos	CN	15m13	Peter Duhig	15m28
Vet 40 (6.5k)	Guy Amos	CN	20m14	Malcolm Tuff	21m59
Vet 40 (9k)	Guy Amos	CN	27m14	Peter Duhig	28m10
Vet 45 (5k)	Guy Amos	CN	15m18	Julio Costa	15m59
Vet 45 (6.5k)	Guy Amos	CN	20m32	Julio Costa	21m31
Vet 45 (9k)	Guy Amos	CN	28m33	Peter Duhig	29m42
Vet 50 (5k)	Guy Amos	U/A	15m48	Malcolm Tuff	16m49
Vet 50 (6.5k)	Stan Owen	NVH	22m07	Malcolm Tuff	22m46
Vet 50 (9k)	Guy Amos	U/A	28m36	Malcolm Tuff	30m29
Vet 55 (5k)	Nigel Arnold	GAZ	17m36	Dave Robinson	18m17
Vet 55 (6.5k)	Nigel Arnold	GAZ	23m21	Dave Robinson	24m38
Vet 55 (9k)	Nigel Arnold	GAZ	31m52	Bert Wilkinson	33m02
Vet 60 (5k)	Peter Oldman	RRC	18m44	Pete Johnson	18m54
Vet 60 (6.5k)	Kevin Youngs	GAZ	24m20	Bert Wilkinson	25m58
Vet 60 (9k)	Derry Kelleher	CN	33m12	Bert Wilkinson	35m54
Vet 70 (5k)	Neil Anderton	DER	24m23	-	-
Vet 70 (6.5k)	-	-	-	-	-
Vet 70 (9k)	Neil Anderton	DER	44m49	-	-