



## Ryston Winter Endurance Series 2020/2021

	NOVEMBER				DECEMBER			
	5km XC	% AG	2m Lodge Lane	% AG	3000m (track)	% AG	10km Drymere	% AG
<b>MEN</b>								
Chris Chapman	00:26:59	59.70%	-	-	-	-	-	-
Charlie Wilson	00:33:37	42.89%	00:20:04	44.00%	-	-	01:02:37	46.79%
Richard Wilkins	00:30:37	50.19%	00:19:59	47.15%	00:17:28	48.85%	01:01:14	51.22%
Mark Fountain	-	-	00:13:38	63.28%	-	-	-	-
Ian Todd	00:21:34	70.88%	00:13:56	68.78%	00:12:28	68.44%	00:43:37	73.18%
Jeff Reed	00:36:12	52.12%	00:23:06	51.23%	00:18:14	60.15%	01:08:11	57.86%
Will Honeybone	-	-	00:12:48	70.09%	-	-	00:40:15	74.00%
Jamie Bransgrove	00:20:49	66.77%	00:13:30	62.94%	00:11:43	67.23%	00:42:12	66.71%
Owen Jary	-	-	00:13:19	66.83%	-	-	-	-
John Bowen	00:24:13	61.39%	00:15:12	59.98%	00:14:06	58.16%	-	-
James Hornigold	00:30:15	49.92%	00:19:06	48.52%	-	-	-	-
Tony Savage	00:24:30	64.90%	00:14:50	65.73%	-	-	-	-
Martin Sheldrick	-	-	00:12:22	73.12%	-	-	-	-
Tristan Langley	-	-	00:15:08	52.87%	-	-	-	-
Michael Howlett	00:23:24	56.70%	00:14:41	57.68%	-	-	00:41:44	64.62%
John Hopgood	00:18:04	76.38%	00:11:20	74.41%	00:10:06	75.34%	-	-
Danny Smith	00:19:24	68.73%	-	-	00:10:54	67.38%	00:39:55	67.81%
Kevin Farquhar	00:21:37	62.99%	00:12:57	64.16%	-	-	-	-
Kevin Howlett	00:23:20	70.14%	00:14:48	68.24%	-	-	00:46:46	72.13%
Andy Moyle	00:30:02	49.11%	-	-	-	-	-	-
Rob Simmonds	00:18:11	72.93%	-	-	00:10:28	70.17%	-	-
David Lane	00:45:16	33.95%	-	-	00:26:31	32.18%	-	-
Dan Pratt	00:25:01	55.98%	00:13:53	64.95%	00:11:29	66.26%	00:41:47	67.89%
Adam Dye	-	-	00:15:41	53.93%	-	-	-	-
Shaun Hamer	-	-	-	-	-	-	00:44:16	61.78%
Simon Able	-	-	-	-	-	-	00:39:11	75.41%
Stewart Robins	-	-	-	-	-	-	00:45:54	66.56%
Jason Cooper	-	-	-	-	-	-	00:40:38	66.16%
Steve Harris	-	-	-	-	-	-	00:44:02	71.84%
Jimmy Goddard	-	-	-	-	-	-	00:39:11	71.29%
Matthew Thrower	-	-	-	-	00:10:41	71.23%	-	-
Nic Bensley	-	-	-	-	00:10:59	74.66%	-	-
Ian Wiggins	-	-	-	-	00:12:36	60.39%	-	-
Owen Hopgood	-	-	-	-	00:10:49	77.23%	-	-



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	NOVEMBER				DECEMBER			
	5km XC	% AG	2m Lodge Lane	% AG	3000m (track)	% AG	10km Drymere	% AG
<b>WOMEN</b>								
Pauline Sparrow	00:28:39	76.66%	00:17:42	78.81%	00:16:23	67.97%	00:55:50	79.25%
Jane Ashby	00:28:11	77.05%	00:17:44	82.85%	00:15:27	78.63%	00:52:56	89.04%
Irena Marcinek	00:27:35	55.28%	00:15:26	62.27%	00:13:51	61.11%	00:48:56	64.68%
Sue Smith	00:45:10	39.15%	00:29:40	38.60%	00:27:22	38.78%	-	-
Helen Sewell	00:44:10	51.36%	00:29:40	51.34%	00:22:27	64.09%	01:18:00	62.48%
Georgina Allen	00:30:17	67.22%	-	-	-	-	-	-
Karen Smith	00:30:25	56.39%	-	-	-	-	-	-
Helen Reed	00:39:12	44.84%	00:24:26	46.20%	00:20:21	51.44%	01:14:49	48.70%
Helen Melville	00:28:48	54.57%	-	-	-	-	00:55:29	58.49%
Emma Wood	-	-	00:12:57	70.65%	00:11:53	68.18%	-	-
Maureen Wolfe	-	-	00:17:48	69.07%	-	-	-	-
Pauline Drewery	-	-	00:16:22	65.40%	-	-	-	-
Liz Blakie	00:29:52	65.90%	-	-	-	-	00:59:20	67.36%
Wendy Farquhar	00:34:53	51.27%	00:20:38	56.22%	00:19:11	51.03%	-	-
Linda Marshall	00:23:59	71.67%	00:15:38	69.37%	00:13:54	66.87%	00:50:45	71.79%
Wendy Fisher	00:28:52	60.51%	-	-	-	-	00:53:41	67.87%
Katie Moyle	00:30:02	49.94%	-	-	-	-	-	-
Janet Moyle	00:30:15	53.44%	-	-	-	-	-	-
Kate Penn	00:28:51	51.52%	-	-	-	-	-	-
Gill Hart	00:39:33	53.65%	-	-	-	-	-	-
Penny Seeger	00:24:43	60.28%	-	-	-	-	-	-
Lesley Robins	-	-	-	-	00:13:36	65.15%	00:44:11	74.92%
Julie Barrow	-	-	-	-	-	-	00:54:56	57.22%
Lisa Harris	-	-	-	-	-	-	00:55:38	62.34%



## Ryston Winter Endurance Series 2020/2021

	NOVEMBER		DECEMBER	
	2km XC	% AG	1 mile	% AG
<b>JUNIORS</b>				
Ruby Smith	09:48	65.77%	06:29	73.20%
Leah Beagles	12:00	59.79%	07:45	68.55%
Rory Wood	09:05	75.61%	06:28	80.44%
Leo Wood	09:46	70.32%	-	-
Izzy Wood	10:51	64.10%	07:27	68.05%
Abigail Bransgrove	11:16	60.03%	-	-
Ellie Bransgrove	14:00	51.25%	08:52	59.92%
Owen Hopgood	08:11	65.68%	05:22	80.66%
Lola Kidman	09:28	71.44%	06:27	76.51%
Evie Clayton	09:33	70.82%	06:43	73.47%
Isabella Ashby-King	12:09	51.07%	08:14	55.87%
Thomas Elsdon	09:39	67.43%	06:52	69.57%
Ethan Ward	09:11	67.62%	-	-
Chloe Pratt	10:45	62.91%	07:16	67.91%
Elisha Greenwood	-	-	07:01	70.33%
Jacob Booth	-	-	07:14	66.04%
Jessica Lawrence	-	-	07:46	68.40%
Poppy Hollingsworth	-	-	08:27	62.87%
Mia Hollingsworth	-	-	08:44	56.51%
Rosie Booth	-	-	05:56	74.19%
Archie Rowe	-	-	06:18	75.19%
Dylan Whitehouse	-	-	06:56	66.54%
Mai Loram	-	-	07:02	62.59%
Katie Moyle	-	-	07:02	62.59%